

ambers

beauty studio



treatment menu



Discover a pathway to inner peace, reflection, restoration and enlightenment. No clocks, no stress, no urgency. Re-discover your senses...rest your mind...and breathe freely...

Established in 1986, Ambers brings the best treatments to clients both near and far. Over time treatments have evolved and therapists may have changed but the essence has remained the same - to give the best possible treatments available, the greatest client care and the very best value for your hard earned money.





It feels like yesterday when in December 1986 I started my dream to bring the best treatments available to clients from near and far. Over the time some treatments have changed, therapists have changed but the ideal stands strong, to give the best possible care and the best value for your hard earned money.

I passionately believe that to get and give the most in life it is vital to take care of ourselves. The one person we often forget! There is nothing to beat that feeling of confidence when we have improved some small part of ourselves: be it having our eyebrows professionally shaped, removing unwanted hair, reducing facial lines or removing thread veins. We all need to take time out to relax; our sumptuous massages and facials can leave you feeling re-energised, glowing and better equipped to face the stresses and strains of daily life. All that tension soothed away ... such a heavenly release.

I am delighted that our treatments menu is so varied; I aim to mix traditional salon techniques with high technology thus providing clients with the very best options for their particular needs. Ambers areas of expertise include, hair removal using IPL and electrolysis, CACI non surgical face lifts, permanent make-up, pregnancy massage, treatments for men, St Tropez, Elemis products and much, much more...

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Please note: Prices correct at 1st October 2010 with VAT rate at 17.5% Prices are subject to change without notice.

ambers beauty studio

Book on-line 24/7 at www.ambersbeauty.co.uk

Lets face it we all have busy lives but most of us are on-line nearly every day and whilst we often intend to make that appointment it's easy to forget to pick up the phone and by the time we get round to calling the studio is closed or the line is busy.

Ambers offer you easy and convenient on-line booking. You can find a booking time with a particular therapist at a time that suits you - 24 hours a day 7 days a week.

Once on the treatments pages on our website, next to each individual treatment you will find a BOOK NOW button (you may need to scroll down). Select this button and you will be taken to our Book Me website. Then simply follow these instructions and your appointment will be booked...

1. Choose your treatment and if you have one your preferred therapist
2. Select the days and times you are available
3. Choose from the available appointments to match your dates and times.
4. Sign in or choose to register as a new client.
5. Check the details are correct and for security we'll need your card details.

All done! ... you will receive an email confirming your appointment.



Join us on facebook and be the first to hear about our newest products and treatments and our latest special promotions including some exclusive to our facebook fans ... just search for ambers beauty studio.

Products & vouchers



Winners of the Best British Brand at the
CEW (UK) Beauty Awards 2010

Elemis' formulations are designed to dynamically treat the skin with powerful results. The successful combination of natural active ingredients with cutting-edge technology has enabled Elemis to bring some of the most influential anti-ageing products the beauty industry has ever seen.



jane iredale
THE SKIN CARE MAKEUP™

jane iredale mineral cosmetics -
the most technically advanced
make up in the world.

As you wear this make up, you'll see how flawless and dewy your skin looks. You'll experience the minerals' silky lightness. You'll love how easy they are to apply and how long they last on your skin.

All products are available on-line at www.ambersbeauty.co.uk

Gift vouchers

An ambers gift voucher is a present chosen with great thought and given with love to make any special occasion last even longer. It is such a perfect present and the recipient of one of our gift vouchers can book the treatment or choose products of his or her choice. Our gift vouchers are beautifully packaged and can be sent either directly to the recipient or to yourself.

Available for purchase on-line

Elemis

treatment menu

• Facials • Massage Rituals •

		Management
Advanced Anti-ageing Facials		
Pro-collagen Quartz Lift Facial <i>Courses available</i>	£74	£76
Visible Brilliance Facial	£72	£74
Tri-Enzyme Facial	£72	£74
Face and Body Sensation	£76	£79
Advanced Performance Facials		
Oxygen Skin Calm Facial	£65	£68
SOS Purifying Facial	£65	£68
Modern Skin Facial	£55	£60
Skin Solutions Facials		
Fruit Active Glow	£50	£55
Exotic Moisture Dew	£50	£55
Herbal Lavender Repair	£50	£55
Japanese Eye Zone Therapy	£41	£46
Massage Rituals		
Wellbeing Massage	£53	£58
Wellbeing Back Massage	£32	£36
Deep Tissue Massage	£53	£58
Deep Tissue Back Massage	£32	£36

Elemis treatment menu

● Massage Rituals ● Exotic Rituals ●

		Management
Massage Rituals cont...		
Aroma Stone Therapy	£67	£69
Aroma Stone Back Therapy	£32	£36
Musclease Aroma Spa Ocean Wrap	£58	£63
Body Sculpting Cellulite & Colon Therapy	£58	£63
Course of 8 treatments	£360	£360
Cellutox Aroma Spa Ocean Wrap	£58	£63
Nurturing Massage for Mother-to-be	£58	£63
Exotic Rituals		
Exotic Lime & Ginger Salt Glow	£36	£38
Exotic Coconut Rub & Milk Ritual Wrap	£50	£55
Exotic Frangipani Body Nourish Wrap	£50	£55
Sole Delight Foot Treatment	£36	£40
Sole Delight Foot Treatment with Pedicure	£45	£50
Exotic Hand Ritual	£36	£40
Exotic Hand Ritual with Manicure	£40	£45
Strawberry Herbal Back Cleanse	£36	£40
Total Glow Self-tanning Treatment	£40	£45

Packages

treatment menu

● Mother-to-be ● Time to Spa Days ●

Management

Mother-to-be Rituals

Exotic Mother-to-be Ritual 1

Nurturing Massage for Mother-to-be Sole Delight Foot Treatment or Exotic Hand Ritual	£93	£98
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Exotic Mother-to-be Ritual 2

Nurturing Massage for Mother-to-be Sole Delight Foot Treatment with Pedicure or Exotic Hand Ritual with Manicure	£100	£110
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Amber Time to Spa Days (These packages are not interchangeable)

Amber Time to Spa Day 1

Skin Solutions Facial, Wellbeing Body Massage, Eyebrow Shape, Manicure & Pedicure	£130	£142
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Amber Time to Spa Day 2

Skin Solutions Facial, Wellbeing Body Massage, Eyebrow Shape, Luxury Manicure & Luxury Pedicure	£145	£156
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Amber Time to Spa Day 3

Advance Performance Facial, Lime & Ginger Salt Glow, Wellbeing Massage, Sole Delight Foot Treatment & Exotic Hand Ritual, plus Nail Paint for Hands & Feet	£176	£196
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50% deposit required when booking, at least 48 hours notice required of cancellation to avoid loss of deposit

Packages

treatment menu

- Face & Body Rituals
- Signature Treatments
-

		Management
Face & Body Rituals		
Absolute Spa Ritual		
Wellbeing Massage, Advanced Performance Facial	£98	£103
Absolute Deep Tissue Ritual		
Deep Tissue Massage, Advanced Performance Facial	£100	£110
Absolute Aroma Stone Ritual		
Aroma Stone Therapy, Advanced Performance Facial	£120	£130
		
Ambers' Signature Treatments		
Aroma Stone Therapy with Eye-zone Therapy	£87	£91
Ambers Spa Ritual Face & Body Massage	£62	£67
Advanced Performance Facial & Wellbeing Back Massage	£82	£92
Skin Solutions Facial & Wellbeing Back Massage	£58	£62
NEW! Ambers Fusion Massage		
A personal blend of individual massage techniques		
Ambers Fusion Massage	£53	£58
Ambers Fusion Back Massage	£32	£36

Packages

treatment menu

● Special Package Rituals ●

Special Package Rituals		Management
Complete Spa Detox		
Exotic Lime & Ginger Salt Glow, Cellutox Aroma Spa Ocean Wrap, Wellbeing Massage	£128	£133
Complete Cleansing Ritual		
Body Sculpting Cellulite & Colon Therapy, Strawberry Herbal Back Cleanse, Skin Solutions Facial	£135	£140
Tahitian Bloom		
Exotic Lime & Ginger Salt Glow, Exotic Frangipani Body Nourish Wrap	£78	£83
Tropical Milk Treat		
Sole Delight Foot Treatment or Exotic Hand Ritual, Exotic Coconut Rub & Milk Wrap	£78	£83
Ceremony of Sun		
Exotic Lime & Ginger Salt Glow, Total Glow Self-tanning Treatment	£68	£73
Exotic Lime & Ginger Salt Glow with Aroma Stone Therapy	£93	£96
Aroma Stone Therapy with Advanced Performance Facial	£115	£120
Musclease Aroma Spa Ocean Wrap with Aroma Stone Therapy	£110	£120
Musclease Aroma Spa Ocean Wrap with Wellbeing Massage	£90	£98
Musclease Aroma Spa Ocean Wrap with Deep Tissue Massage	£90	£95
Exotic Voyage of Touch		
Exotic Lime & Ginger Salt Glow, Aroma Stone Therapy, Advanced Performance Facial	£148	£154
Floating Ocean Riches		
Cellutox Aroma Spa Ocean Wrap, Wellbeing Back Massage, Advanced Performance Facial	£130	£135

Essential face & body

● Hands & Feet ● Massage ● Eyebrows

		Management
Hands & Feet		
Luxury Manicure with Paraffin Wax	£33	£38
Manicure	£24	£26
Deluxe Pedicure with Paraffin Wax*	£35	£40
Pedicure*	£28	£32
French Polish with Manicure/Pedicure	£4	£4
File & Paint	£12.50	£14
Massage		
Swedish Massage (45 mins)	£46	£49
Back & Shoulder Swedish Massage (25 mins)	£24	£26
Wellbeing Massage	£51	£55
Wellbeing Back Massage	£32	£35
Deep Tissue Massage	£56	£60
Deep Tissue Back Massage	£32	£36
Eye Brows		
Eyebrow Reshape	£14	£16
Eyebrow Tidy	£10	£12
Eyebrow Waxing	£11	£11
Threading		
Eyebrow Threading - reshape 1st treatment	£15	£16
Eyebrow Threading - tidy	£12	£13

Essential face & body

• Eyebrows and Lashes • Ear Piercing • St Tropez •

		Management
Eyebrows & lashes		
Eyelash Tint**	£15	£16
Eyebrow Tint**	£9.50	£10.50
Eyelash & Eyebrow Tint**	£19.50	£21
Semi Permanent Lashes	£32	£37
Nouveau Contour 3D lashes (Full Set)	£95	£120
Top Up Treatments (every 2-3 weeks) from	£35	£39
LVL Lashes - Length - Volume - Lift**	£75	£75
Ear Piercing		
Ear Piercing (Earrings 9ct 3mm)	£26	
Ear Piercing (Earrings 9ct 4mm)	£33	
St Tropez Airport		
One Coat	£30	
Two Coat	£35	
6 x One Coat	£150	
6 x Two Coat	£175	

* ambers recommend that when having a foot treatment you bring along some flip-flop type footwear to allow your toenails to dry without smudging.

** patch test required at least 24 hours before treatment

Alternative face & body

● CACI/Future-tec ● Alternative Therapies ●

		Management
CACI/Future-tec Menu		
CACI Face Treatment	£52	£54
CACI Face Maintenance	£48	£49
Course of 10 CACI Face	£450	£450
CACI Plus	£64	£67
Hydratone Mask	£25	£25
CACI Serum Buds - <i>a great way to boost your treatment</i>	£5 per treatment	£40 for 10 treatments
CACI Body Electro Cellulite Massage	£31	£33
CACI Body Course of 10	£250	£250
Future-tec Anti-Ageing Facial	£58	£60
Blemish/Pigmentation Treatment	£38	£40
CACI Half Muscle/Half Future-tec	£68	£70
CACI Full Muscle/Half Future-tec	£78	£80
CACI Full Muscle/Full Future-tec	£90	£95
CACI Eye Treatment	£28	£31
Alternative Therapies		
Reflexology	£38	
Indian Head Massage	£38	
Hopi Ear Candles	poa	
Reiki with Crystal Healing		
1 hour	£38	
1/2hour	£25	

Hair removal

• Waxing •

Waxing

		Management
Half Leg	£17.50	£18.50
Half Leg , Bikini line or Underarm	£23.50	£24.50
Half Leg, Bikini line & Underarm	£29.50	£30.50
Top Leg	£18.50	£19.50
Top Leg & Bikini line	£24.50	£25.50
Top Leg, Bikini line & Underarm	£30.50	£31.50
Three Quarter Leg	£19.50	£20.50
Three Quarter Leg, Bikini line or Underarm	£26.50	£27.50
Three Quarter Leg, Uikini line & Underarm	£32.50	£33.50
Full Leg	£22	£23
Full Leg, Bikini line or Underarm	£28	£29
Full Leg, Bikini line & Underarm	£35	£36
Bikini line from	£12	£13
Underarm	£12	£13
Arm to Elbow	£13	£14
Full Arms	£16.50	£17.50
Brazilian 1st Treatment	£28	£30
Brazilian Top Up	£22	£24
Hollywood 1st Treatment	£30	£32
Hollywood Top Up	£24	£26

Electrolysis treatments

- Hair Removal
- Thread Veins
- Skin Tags
- Milia
- Fillers

With this technique, a fine probe is inserted into the hair follicle and a low-intensity electric current is applied, effectively eliminating the germinative cells which are responsible for hair growth. The creators of APILUS perfected a computer-assisted system that concentrates and controls the electric current so that only the germinative cells are destroyed making the technique more efficient and comfortable.

A confidential consultation will assess your personal needs and is complimentary. This allows time for a short session during this time which is charged at the normal rate.

		Management
Electrolysis Apilus Computer Aided Technology		
Minimum up to 10 minutes	£12	£13
Additional time calculated by computer per minute		
15 minutes	£16	£17
30 minutes	£25	£26
Thread Vein Removal for Face		
- per session first treatment		£67
- per session follow on treatments		£55
<i>£15 booking fee for consultation redeemable against first treatment on same day only</i>		
Skin Tags – prices for individual requirements from		£48
Milia Removal from		£25.50

Restalyne and Collagen Fillers

The nurse from Mirage visits regularly for Restalyne and Collagen fillers .
Please ask for a separate price list and dates for appointments for Mirage.

IPL Intense Pulsed Light

- Hair Removal • Skin Rejuvenation • Thread Veins • Acne Treatments •

The Ellipse IPL system is used very effectively for the treatment of a wide range of skin conditions; including Permanent Hair Reduction, Facial Thread Vein Removal, Skin Rejuvenation (removal of sun damage and pigmentation) and Acne Clearance treatments. Ellipse gives great results without the pain and discomfort associated with other more traditional methods of hair removal. Best of all, Ellipse's clinically tested procedure is safe, gentle, fast and effective.

Full face	£220	Bikini Line Extension*	£175
Cheeks	£90	Brazilian	£195
Jawline & Nape	£90	Full Bikini	£200
Neck	£110	Full Leg	£500
Lip	£65	Lower Leg including Knee	£250
Chin	£75	Thigh including Knee	£275
Lip & Chin	£110	Feet & Toes	£60
Lip chin & Jawline	£140	3/4 leg	£375
Arms (full)	£210	Mens	
Arms (upper)	£145	Chest	£250
Arms (lower)	£145	Stomach	£120
Under arms	£95	Back (full)	£235
Hands & Fingers	£70	Back (lower)	£160
Bikini Line	£100	Centre Line	£100

Other areas are available on request

**Thread Veins, Skin Rejuvenation,
Acne and Wrinkle Treatment**

poa

*Patch test required £25 – redeemable against
course price *£30 per extra area*

Make-up & extras

- Make-up
- Bridal
- Eye brows and lashes
-

		Management
Make-up		
Make-up Lesson	£50	£55
Make-up	£34	£38
Bridal time		
Design & make-up on the day at the studio		
<i>At your initial consultation you will be assigned a therapist who will work with you during the trial make-up & on the special day to give you perfect, long lasting make-up that leaves you looking and feeling just wonderful for the whole day..</i>	£60	£79
Bride at home		
Make-up in your own home on your wedding day		
<i>Your assigned therapist will work with you during the trial make up & travel to your home or your chosen destination so that you can enjoy a relaxing and professional experience so all you need to do is sit back and be pampered.</i>		poa
Eye Brows & Lashes		
Eyelash Tint*	£15	£16
Eyebrow Tint*	£9.50	£10.50
Eyelash & Eyebrow Tint*	£19.50	£21
Semi Permanent Lashes	£32	£37
Nouveau Contour 3D Lashes (full set)	£95	£120
Top Up Treatments (every 2-3 weeks) from	£35	£39
LVL Lashes - Length - Volume - Lift*	£75	£75

* patch test required at least 24 hours before treatment

Permanent make-up

● Permanent Make-Up ●

There are hundreds of reasons to choose permanent make-up. From convenience to confidence, more and more people are turning to permanent make-up because it can dramatically improve their quality of life.

Linda of Ambers has been a permanent make-up practitioner for over 12 years. Linda is a highly trained and experienced practitioner. Her artistic eye and technical ability means she is able to use pigment so well that it blends with the skin beautifully and naturally and is no more painful than having your eyebrows tweezed.

	Management
Permanent Micro Pigmentation Make-up Enhancement	
Consultation *	50
Eyebrows	425
Eye Enhancement – Top & Bottom	425
Eye Enhancement - Top	300
Eye Enhancement and Liner	490
Lip Line only	450
Lip Blush	580
Build ups/Colour change/Fill-ins	105
Camouflage	POA
Beauty Spot	105
Permanent Make-up Maintenance (within 12 -18 months)	Usually half of the full cost

** A consultation booking fee of £50 is taken on booking your consultation, which takes approx 1 hour. This is redeemable against the cost of your deposit on booking.*

Mens grooming menu

- Hands & Feet
- Facials
- Massage
- Bridegroom
- Waxing

		Management
Manicure	£17.50	18.50
Pedicure	£25	27
Urban Cleanse Facial	59	£64
Skin IQ+ Facial	72	£74
Wellbeing Massage	53	58
Wellbeing Back Massage	32	36
Deep Tissue Massage	53	58
Deep Tissue Back Massage	32	36
Back & Shoulder Swedish Massage (25 mins)	24	26
Bridegroom package		
Manicure, Back & Shoulder Massage & Eye Zone Treatment	75	80
Total Time Out		
Deep Tissue Massage & Urban Cleanse Facial	£110	115
Waxing		
Back	23	25
Shoulders	18.50	21
Chest	23	25

Men's treatments may also be chosen from the other sections of the treatment menu if preferred.

ambers spa etiquette

On arrival to the studio may we ask you to keep noise to a minimum as there are treatments in progress throughout the day.

- **mobile phones:** to ensure total comfort and relaxation within our studio facilities, please ensure your mobile phone is turned off.
- **booking:** it is necessary for you to either telephone, visit the studio or **book on-line** (see page 1 for details of how to use our Book Me facility) to make a reservation.
- **arrival time:** we would recommend that you arrive ten minutes before your scheduled treatment time, giving you time to relax and fill out our consultation form.
- **late arrivals:** we understand that things do happen and time runs short. The time that you spend with us will ensure optimum results, but as a courtesy to other clients your treatment will finish on time.
- **cancellation policy:** we kindly ask for at least 24 hours notice (or 48 hours for treatments longer than 1 1/2 hours) if you wish to change or cancel your appointment. If the appointment is cancelled within 24 hours and cannot be filled there is a cancellation fee of £5 for every 15 mins booked. Missed appointments are charged at the full treatment price.
- **gift vouchers/courses:** are available and are valid for 6 months from purchase date.
- **comfort:** it is your time and we want you to enjoy your treatment experience to the fullest. Whether it is room temperature, the amount of massage pressure or the volume of music, just tell us.
- **what to wear:** casual attire is best, robes can be provided if required. Jewellery and valuables should not be brought to the studio. During your treatment our therapists are trained to drape sarongs discreetly over areas of the body not involved with the treatment to protect your privacy at all times. If you are having a pedicure please wear open toe sandals.
- **children:** as a courtesy to other clients and our therapists children under 13 will only be permitted if you have a prior arrangement with ambers.

Monday 9.30am - 9.00pm
Tuesday 10.00am – 6.00pm
Wednesday 9.00am - 9.00pm
Thursday 9.00am - 9.00pm
Friday 9.00am - 5.00pm
Saturday 8.00am - 2.30pm
Sunday Closed



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